

5th Kyu
(Monthly Grading Tests)

1	Migi-hanmi-Kamae
2	Hidari-hanmi-Kamae
3	Kamae-ni-yoru-Atemi – Sotai-dosa
4	Tai-no-henko (1) – Sotai-dosa
5	Tai-no-henko (2) – Sotai-dosa
6	Hiriki-no-yosei (1) – Sotai-dosa
7	Hiriki-no-yosei (2) – Sotai-dosa
8	Suwari-waza Shomen-uchi Ikkajo-osae (1)
9	Yokomen-uchi Yonkajo-osae (1)
10	Katate-mochi Sokumen Irimi-nage (1)
11	Shomen-uchi Shomen Irimi-nage (1)
12	Ryote-mochi Tenchi-nage (1)
13	Katate-mochi Hiji-ate Kokyu-nage (1)
14	Shumatsu-dosa (1) – Sotai-dosa
15	Shumatsu-dosa (2) – Sotai-dosa
16	Yokomen-uchi Kote-gaeshi Renzoku